

Health Promotion Four Semester Sequence

<u>Fall Year 1</u>		<u>Credits</u>	<u>Semester</u>
HLTH 479	Health Promotion Programming and Eval	2 credits	Fall only
PE 350	Exercise Physiology	3 credits	Fall
If not already completed:			
BIOL 325	Mammalian Physiology	4 credits	Fall/Spring
HLTH 250	First Aid	2 credits	Fall/Spring
<u>Spring Year 1</u>			
PE 400	Exercise Testing & Prescription	3 credits	Spring only
PE 367	Practicum: Fitness Management	2 credits	
	or		
HSC 494	Internship	2 credits	
PSYC 358	Behavior Modification	3 credits	Spring only
NURS 323	Pathophysiology	3 credits	Spring only
NURS 201	Medical Terminology	1 credit	Fall/Spring

<u>Fall Year 2</u>			
HSC 494	Internship	2 credits	
	or		
PE 367	Practicum: Fitness Management	2 credits	
HSC 490	Senior Seminar	2 credits	Fall/Spring
HLTH 440	Epidemiology	3 credits	Fall/Spring
<u>Spring Year 2 (or Summer Year 2 for Field Exp.)</u>			
PE 450	Clinical Exercise Physiology	3 credits	Spring only
HSC 496	Field Experience	6 credits	Spring/Sum

<i>Other required courses that can be taken any time during the 4-semester sequence:</i>			
PE 454	Biomechanics	3 credits	Fall/Spring
PE 354	Prevention and Care	2 credits	Fall/Spring (junior)
NFS 321	Human Nutrition	3 credits	Fall/Spring (junior)
PSYC 417	Health Psychology	3 credits	Fall only
HLTH 302	Wellness & the Family	2 credits	Spring only (junior)
or HLTH 200	Comp. & Alternative HC	3 credits	Fall/Spring (junior)
<i>*Minimum of 128 credits to graduate. Other courses recommended for graduate study:</i>			
STAT 281	Statistics	3 credits	Fall/Spring
PHYS 111	Introduction to Physics I	4 credits	Fall/Spring